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BLOOD TYPE B: FOOD, BEVERAGE &: FOOD, BEVERAGE AND SUPPLEMENT LIST



Penguin Putnam Inc. Paperback. Book Condition: new. BRAND NEW, Blood Type B: Food, Beverage &: Food, Beverage and Supplement List, Peter J et al D'Adamo, Different blood types mean different body chemistry. Carry this guide with you to the grocery store, restaurants, even on vacation to avoid putting on those extra pounds, or getting sick from eating the wrong thing. You'll never have to be without Dr. D'Adamo's reassuring guidance again. Inside you will find complete listings of what's right...

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- Authored by Peter J et al D'Adamo
- Released at -



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An incredibly amazing book with perfect and lucid information. I was able to comprehended everything using this written e book. I realized this book from my dad and i advised this ebook to understand.

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