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BRILLIANCE AUDIO, United States, 2014. CD-Audio. Book Condition: New. Unabridged. 168 x 135 mm. Language: English . Brand New. Driven by her lifelong interest in the practice of mindfulness and her commitment to the welfare of children everywhere, Goldie Hawn established the Hawn Foundation to support research into developing ways of helping children become healthy and eager learners who can reach their full potential. The program developed by her foundation, MindUP, now used by educators around the world, teaches children...

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- Authored by Goldie Hawn
- Released at 2014



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