

Kiss Tell: Releasing Expectations (Paperback)



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Reviews

*Basically no words to explain. I actually have study and that i am sure that i will gonna read once more again down the road. You are going to like just how the blogger publish this pdf.
(Ms. Tamara Hackett DVM)*

KISS TELL: RELEASING EXPECTATIONS (PAPERBACK)



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Createspace, United States, 2010. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. When we expect people to think, feel, or behave in a certain way to please us, we play a game of Emotional Russian Roulette. The chamber is loaded, the barrel is spun, the trigger is pulled, and the disappointment can feel fatal. Every time our expectations are challenged, there is a chance that we will get our feelings hurt. Is your relationship filled with disappointment? Do you find yourself being constantly let down by your significant other? Are you tired of arguing, fighting, and complaining? Are you looking for peace in your relationship? Well look no further. Your expectations for your significant other could be the problem, and if so, you can release your expectations and begin having a less stressful relationship and life starting today. In three simple steps, this mini-book will teach you how expectations kill relationships and what you can do to change the direction of your love life. Dr. A ndrea J. Wilson will guide you step-by-step through the process of letting go and transforming the way you think and respond to your mate. A Marriage and Family Educator, Dr. Wilson shares with you wisdom that she has learned both personally and professionally that could help you become a better partner and individual. So what are you waiting for? It s time to Kiss Tell.



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