

## Shin So Shiatsu: Healing the Deeper Meridian Systems - Practitioners Reference Manual, Second Edition



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## SHIN SO SHIATSU: HEALING THE DEEPER MERIDIAN SYSTEMS - PRACTITIONERS REFERENCE MANUAL, SECOND EDITION

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Agio Publishing House. Paperback. Book Condition: New. Paperback. 188 pages. Dimensions: 9.6in. x 7.4in. x 0.5in. For the first time in decades, a major figure in Oriental medicine is offering a book redefining the meridian system upon which the field is based. Author Tetsuro Saito is one of few international figures in shiatsu therapy with schools in Europe and North America. Shin So Shiatsu: Healing the Deeper Meridian Systems -- a rich compendium of 40,000 words, 300 figures and charts, and 130 black-and-white photographs -- is presented in two parts. The first book details the history, theory, principles, and techniques of Shin So Shiatsu. The second, a handy Practitioners Reference Manual, is intended for use in the treatment room. Shin So Shiatsu is for shiatsu therapists, acupuncturists, acupressurists, and practitioners of other energy-based approaches. Anyone who engages with Oriental medicine or is interested in the human energy system will want to read this major revision to a centuries-old approach. Its theoretical and practical uses will make it an essential textbook for schools and workshops. Highly regarded as the father of shiatsu in Canada, where he is now based, Saito introduced Canadians to the Japanese art of finger pressure in 1971, just as the West was discovering acupuncture. For the past 40 years, Saito has treated thousands of patients, trained hundreds of therapists worldwide, and pursued his own research on energy-based healing with a rare diligence. Shin So Shiatsu: Healing the Deeper Meridian Systems represents this lifetime of work. Saito picked up where his mentor, renowned meridian-therapy pioneer Shizuto Masunaga left off when he died in 1981. Until now, Masunaga's Zen Shiatsu (Japan Publications Inc, 1977) has been unsurpassed as the primary guide for beginning students and experienced practitioners alike. Shin So (deeper level) Shiatsu is a long-awaited step forward, and...



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