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## THE MANIC MUM'S GUIDE TO CALM PARENTING AND CO-OPERATIVE KIDS



Hay House UK Ltd. Paperback. Book Condition: new. BRAND NEW, The Manic Mum's Guide to Calm Parenting and Co-operative Kids, Allison Mitchell, Ever felt like you're banging your head against a brick wall? Do you sometimes wish your children would take you more seriously and that you had more time, patience and energy to be the mother you want to be? If you'd love a calm house, you're not alone, and this book is packed full of jargon-free, common-sense techniques,...

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- Authored by Allison Mitchell
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